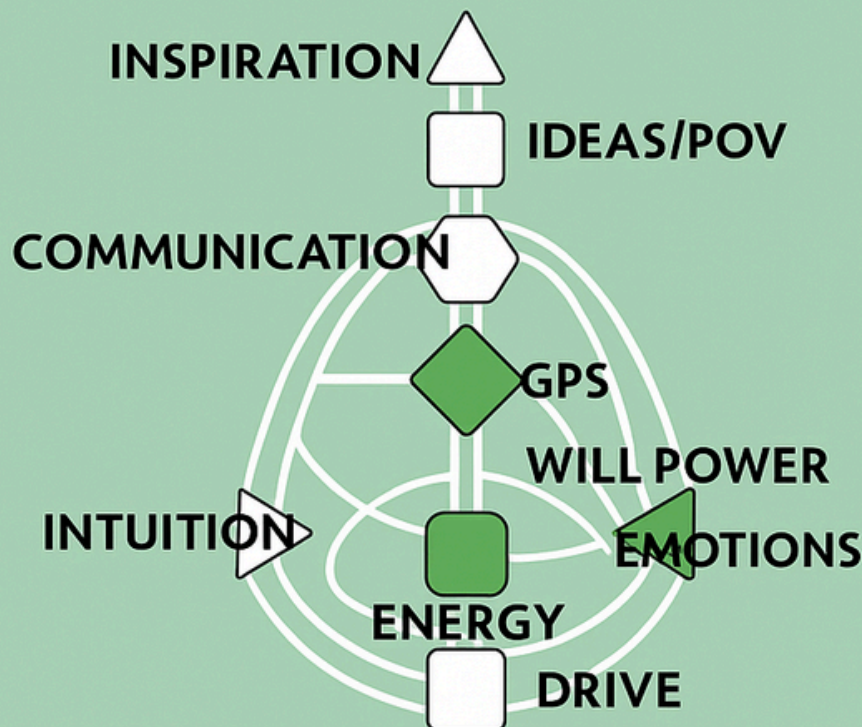


FROM PERFECTIONISM TO PEACE

Use Your Defined & Undefined Centers
to Let Go and Align

Learn how the centers in your Human Design chart reveal which gifts are always yours (colored in green) and which gifts ebb, flow, and connect you to others (colored in white).

When you understand this map, you stop over-giving, overthinking, and overachieving—and start living in peaceful alignment.



Center Mantras in Human Design

DEFINED

INSPIRATION

I am creative.

IDEAS/POV

I share my perspective.

COMMUNICATION

I am an influencer.

GPS

I listen to my inner wisdom.

WILLPOWER

I am determined.

EMOTIONS

I surf my emotional waves.

ENERGY

I trust my vitality.

DRIVE

I am motivated.

UNDEFINED

I find inspiration
in others.

I gain new
insights.

I recognize the
value of words.

I discover
different directions.

I recognize when
enough is enough.

I perceive
different emotions.

I recognize
when to rest.

I allow myself
to relax.