



The Velocity Method

Human Design Profile

What is a Profile?

It is made up of 2 numbers.

The first number is the way you see yourself and the second number is the way others see you.

There is a serenity action step for each Profile number. Use that action in order to have more serenity and alignment.

Profiles

1/3 Profile- The Establisher of Knowledge & Truth

You establish new truths as an authority figure.

1- Knowledge Seeker

- You are driven to get to the bottom of things.
- You need to know the full scope of information.
- When you are armed with knowledge and facts, you feel secure.

Serenity Action- It can be easy to go down a rabbit hole of information on whatever topic you are focused, be aware of being in information overload. Act on the information you do have don't get stuck in learning mode.

3- Experimenter

- You experiment with what works and what doesn't work and gain wisdom from going through the process.
- Remove the word failure from your vocabulary.
- Be unafraid to try new things, a different approach, or unique offerings.

Serenity Action- Embrace playing around in your business to find out what works and what doesn't. Don't take things personally when it doesn't work out. Experimenting is about finding out what works and what doesn't.

1/4 Profile- The Knowledge and Connection Seeker

You are an open hearted person who values insightful and meaningful conversations.

1- Knowledge Seeker

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- You need to know the full scope of information.
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Serenity Action- It can be easy to go down a rabbit hole of information on whatever topic you are focused, be aware of being in information overload. Act on the information you do have don't get stuck in learning mode.

4- Connection Seeker

- You make deep meaningful connections with others.
- You have a natural gift of forming close relationships.
- The quality of your life is determined by the quality of your relationships.

Serenity Action- Curate your connections both personally and professionally. Curate the clients you work with as well.

2/4 Profile- The Easy Breezy Genius

You are a people person who enhances the lives of other by sharing your natural gifts.

2- The Natural

- There are certain things you are effortlessly good at doing.
- You are just naturally gifted at the thing you love.
- Your zone of genius readily appears.

Serenity Action- Drop the perfectionism, you are qualified with just being you!

4- Connection Seeker

- You make deep meaningful connections with others.
- This is a natural gift of forming close relationships.
- The quality of your life is determined by the quality of your relationships.

Serenity Action- Curate your connections both personally and professionally. Curate the clients you work with as well.

2/5 Profile- The Natural Hero

You are naturally able to lift others up.

2- The Natural

- There are certain things you are effortlessly good at without really knowing how you got there.
- You don't need to earn your wisdom by through more degrees/certification but just by being naturally gifted at the thing you love.
- Your zone of genius readily appears.

Serenity Action- Drop the perfectionism, you are qualified by just being you!

5- The Liberator

- You save the day and rescue people.
- You love to help others.
- You are naturally likable.

Serenity Action- Just because you can liberate others doesn't mean you should for everyone. Choice where to put your efforts. Use your Inner Authority to guide you.

3/5 Profile- The Great Life Experimenter

Your experiences are your greatest teachers.

3- Experimenter

- You experiment with what works and what doesn't and get wisdom from the process.
- Remove the word failure from your vocabulary.
- Be unafraid to try new things, a different approach, and unique offerings.

Serenity Action- Embrace playing around in your business to find out what works and what doesn't. Don't take things personally when it doesn't work out. Experimenting is about finding out what works and what doesn't.

5- The Liberator

- You save the day and rescue people.
- You love to help others.
- You are naturally likable.

Serenity Action- Just because you can liberate others doesn't mean you should for everyone. Choice where to put your efforts. Use your Inner Authority to guide you.

3/6 Profile- The Living Contrast

Your enthusiasm creates a magical life.

3- Experimenter

- You experiment with what works and what doesn't and get wisdom from the process.
- Remove the word failure from your vocabulary.
- Be unafraid to try new things, a different approach, and unique offerings.

Serenity Action- Embrace playing around in your business to find out what works and what doesn't. Don't take things personally when it doesn't work out. Experimenting is about finding out what works and what doesn't.

6- Wise Sage

- You have innate wisdom.
- You are wise to life with all the answers inside of yourself.
- Others see you as a role model.

Serenity Action- You are a wise soul, grounded, and you can see the bigger picture. Learn to trust yourself more.

4/6 Profile- The Regal Authority Figure

In your tribe of people you are the leader and you foster togetherness.

4- Connection Seeker

- You make deep meaningful connections with others.
- This is a natural gift of forming close relationships.
- The quality of your life is determined by the quality of your relationships.

Serenity Action- Curate your connections both personally and professionally. Curate the clients you work with as well.

6- Wise Sage

- You have innate wisdom.
- You are wise to life with all the answers inside of yourself.
- Others are meant to see you as a role model.

Serenity Action- You are a wise soul, grounded, and you can see the bigger picture. Learn to trust yourself more.

4/1 Profile- The Bonus Life

You are driven to get to the bottom of things as well as curate deep connections.

4- Connection Seeker

- You make deep meaningful connections with others.
- This is a natural gift of forming close relationships.
- The quality of your life is determined by the quality of your relationships.

Serenity Action- Curate your connections both personally and professionally. Curate the clients you work with as well.

1- Knowledge Seeker

- You are driven to get to the bottom of things.
- You need to know the full scope of information.
- When you are armed with knowledge and facts, you feel secure.

Serenity Action- It can be easy to go down a rabbit hole of information on whatever topic you are focused, be aware of being in information overload. Act on the information you do have don't get stuck in learning mode.

5/1 Profile- The Challenge Solver

You are a fixer, a problem solver, and a rescuer.

5- The Liberator

- You save the day and rescue people.
- You love to help others.
- You are naturally likable.

Serenity Action- Just because you can liberate others doesn't mean you should for everyone. Choice where to put your efforts. Use your Inner Authority to guide you.

1- Knowledge Seeker

- You are driven to get to the bottom of things.
- You need to know the full scope of information.
- When you are armed with knowledge and facts, you feel secure.

Serenity Action- It can be easy to go down a rabbit hole of information on whatever topic you are focused, be aware of being in information overload. Act on the information you do have don't get stuck in learning mode.

5/2 Profile-The Self-Motivated Hero

You have an altruistic heart that strengthens others.

5- The Liberator

- You save the day and rescue people.
- You love to help others.
- You are naturally likable.

Serenity Action- Just because you can liberate others doesn't mean you should for everyone. Choice where to put your efforts. Use your Inner Authority to guide you.

2- The Natural

- There are certain things you are effortlessly good at without really knowing how you got there.
- You don't need to earn your wisdom by through more degrees/certification but just by being naturally gifted at the thing you love.
- Your zone of genius readily appears.

Serenity Action- Drop the perfectionism, you are qualified by just being you!

6/2 Profile- The Exemplary Human

You improve everything around you.

6- Wise Sage

- You have innate wisdom.

- You are wise to life with all the answers inside of yourself.
- Others are meant to see you as a role model.

Serenity Action- You are a wise soul, grounded, and you can see the bigger picture. Learn to trust yourself more.

2- The Natural

- There are certain things you are effortlessly good at without really knowing how you got there.
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- Your zone of genius readily appears.

Serenity Action- Drop the perfectionism, you are qualified by just being you!

6/3 Profile- The Responsible Adventurer

Your enthusiasm creates a magical life.

6- Wise Sage

- You have innate wisdom.
- You are wise to life with all the answers inside of yourself.
- Others are meant to see you as a role model.

Serenity Action- You are a wise soul, grounded, and you can see the bigger picture. Learn to trust yourself more.

2- The Natural

- There are certain things you are effortlessly good at without really knowing how you got there.
- You don't need to earn your wisdom by through more degrees/certification but just by being naturally gifted at the thing you love.
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Serenity Action- Drop the perfectionism, you are qualified by just being you!