



6 Steps of Manifestation

1. Define, Decide, Declare

- What do you really want?

2. Clear Your Vision

- What feelings are coming up surrounding what you really want?

3. Reverse Engineer Your Identity

- Do you identify with this manifestation of desire?

4. Expand and Refine Your Vision

- What is your vision and how do you see it evolving?

5. Embody Already Having What You Manifest

- What does it feel like to embody that manifestation?

6. Release the How and Take Inspired Action

- How can you release the how and lean into inspired action and playfulness?