



The Velocity Method

Manifestation Step 3- Reverse Engineer Your Identity

Part 1- Hierarchy of Change

Part 2- Check in With Your Vision

Part 1- Hierarchy of Change

1. Hierarchy of change.



Start at the top of the pyramid and work your way down.

- Spirit- Does this manifestation align with my higher purpose?

That thing you want to manifest - goals or a new reality - during the next month, 12 month, 5 years, 10 years, does it align with your higher purpose?

Look at the categories of health, wealth, and relationships. What do yo really you want to change about your reality.

How are you feeling about what you want?

You might need to go back to step 2 and clear out some stuff.

- Identity- I am (fill in the blank about what you want your current reality to be.)

I am a (fill in the financial goal)

I am (fill in this feeling)

I am worthy of (fill in the manifestation)

Is my hearts desire aligned with this?

You might need to go back to step 2 and clear out some stuff.

- Values/Beliefs

Does this align with my values?

Does this align with my beliefs about myself?

These are micro steps but add together they create layers of serenity, clarity, and joy within your life.

Peace is when you make the most profit

- Capabilities

What are you abilities to make this thing happen?

What do you know about yourself using your HD centers, profile, ect. that bring your capabilities?

- Behaviors- What action are you taking to reach your manifestation/goal/new reality?

What intentional action have you already been doing and what new actions will help you?

- Environment/Results- what are things in your current reality that support what you are doing and results you are seeing?

Look at the past and what is working in your favor.

What wins have you had?

What intentional action is coming up?

What ideas have you had?

What feeling are you having?

Part 2- Check in With Your Vision

Check in with your vision. Has it expanded or changed?

Has your vision changed and the manifest upgraded?

Has it shifted or stayed the same?

Is there more clarity and power behind it?

Again do you need to clear out Step #2