



The Velocity Method

Human Design

Do you manifest specifically or non-specifically?

Take a look at your right bottom arrow. Which way is it facing?

Right facing arrow is Non-Specific Manifestor.

Left facing arrow is Specific Manifestor.

Non-Specific Manifestor

When you are manifesting you are meant to use generalizations and to stay open with the details. It feels uncomfortable to you if you have a lot of details.

Serenity Action-

- Instead of drilling down to all the details, stay more in the bird's eye view.
- Think about pointing in the right direction.
- Think about co-creating with your Higher Power. Co-creation means collaborating with your manifestation. You point it in the right direction and see what happens. Stay open and fluid with the process and watch things happen in your favor.

Specific Manifestor

When you are manifesting you are meant to get into all the details. These details help you create a new reality. It feels comfortable to have a lot of details.

Serenity Action-

- Embracing specifics and details allow your Higher power to collaborate with you when creating your new reality.
- The more details you have about what you want, the more you will manifest.
- Your preferences and wants to make a difference, so tap into those and be open to all the possibilities.